



The Nurtured Heart Approach®

“Creating Inner Wealth™ in Children and Building Connected Communities”

The **goal** of this training is to introduce participants to the Nurtured Heart Approach for supporting children/youth/families.

The **purpose** is to assist participants in developing a positive, transformational framework in dealing with others on a daily basis.

Target Audience:

Parents, Educators, Social Workers, Certified Counselors, and other professionals who support children and families

Date: Thursday 3/22/18

Time: 7:00pm - 8:30pm

Location: Presbyterian Church Nursery School

The Erdman Room

65 South Street

Morristown, NJ 07960

Please RSVP to jmueller@pcmorristown.org or 973-540-1114

Participants will be able to:

1. Describe the conceptual framework of the Nurtured Heart Approach®.
2. Discuss the three stands of the Nurtured Heart Approach®.
3. Demonstrate four ways to recognize and energize positive behaviors, within a cultural context.
4. Discuss how to effectively set and enforce clear limits when working with youth.

Tara Prezioso, LCSW spent the first 6 years of her career in social work at Trinitas Regional Medical Center as a clinician on the CCIS and CIU units as well as their partial hospital program. Ms. Prezioso has also worked as an in-home therapist, providing therapy for children and their families for the last 12 years. She has been the Social Service Coordinator for Morris County Juvenile facilities for the last 5 years where she is currently working to implement the Nurtured Heart Approach® as a certified trainer.