



# **Additional Resources – Morris County Tip Sheet**

#### Discuss Concerns with Your Child's Doctor

If you or your child's primary caretaker has noticed that your child has not reached age-appropriate milestones, ask your child's doctor or nurse practitioner for a referral to a specialist. During your appointment, you should also bring up any vision, hearing, or dental concerns.

# **Contact NJ Early Intervention (Birth to 3 years old)**

The Early Intervention System is the primary point of entry for health and social services. The statewide toll-free number listed on the chart will connect you to someone who will guide you through the enrollment process.

## **Contact Preschool Special Education (3 to 5 years old)**

Your local school district can give you information on transition planning, school placement, and more.

NJ Department of Education – Office of Special Education Programs 609-292-4469

### **Schedule a Developmental Evaluation**

An evaluation team will assess your child for developmental delays, make a diagnosis if needed, and recommend a treatment plan.

#### **Connect with Local Community Resources**

Community resources include advocacy groups, parent workshops, and recreational programs. In addition to the Local Community Resources listed on the flow chart, you may also contact:

Parents of Autistic Children (POAC) 732-785-1099

MetroWest ABLE 973-929-3129

The Arc/Morris 973-326-9750

### Find Family/Social Support

Consider joining a support group to share experiences and resources.

Family Support Center of New Jersey 800-372-6510

New Jersey Self-Help Clearinghouse 800-367-6274

Mom2Mom 877-914-6662

#### **Contact Mental Health Services**

PerformCare NJ connects children and their families to a variety of behavioral health and developmental disability services.

#### **Contact Special Child Health Services Case Management**

Your county's Special Child Health Services (SCHS) Case Management Unit will coordinate family-centered care for your child.

#### Follow-up

Keep in touch with your child's pediatrician, case manager, child care provider(s), and teacher(s).