

Community Health and Safety Resources

The Morris Plains Cooperative Play School strives to provide families with resources and to keep you informed about the latest advances in early childhood in order to provide the best learning environment for your child(ren). The Co-op will offer family workshops on site, send out information about family workshops being offered in the community, as well as resources in health and safety tailored to your specific needs. If you do have the opportunity to attend a workshop off site, to help us satisfy our Grow NJ Kids requirement, we ask that you please bring in a copy of the attendance sheet. If you attend virtually, this is as simple as taking a picture/screenshot of the participants and sending it to us. Topics will include the following:

Preventative Health Care

[Medical Home - HealthyChildren.org](#)

[Vaccine Schedule for Children 6 Years or Younger | CDC](#)

Mental/Behavioral Health Issues

[Children's Mental Health \(cdc.gov\)](#)

[Emotional Wellness - HealthyChildren.org](#)

[Infant and Early Childhood Mental Health • ZERO TO THREE](#)

Nutrition and Obesity

[Print Resources | MyPlate](#)

[Overweight & Obesity | CDC](#)

Medication Administration Policies and Procedures

[Administering Medication at School: Tips for Parents - HealthyChildren.org](#)

Oral Health

www.healthychildren.org/english/healthy-living/oral-health/pages/default.aspx

Communicable Disease Prevention

[Reducing the Spread of Illness in Child Care - HealthyChildren.org](#)

[COVID-19 Guidance for Operating Early Care and Education/Child Care Programs \(cdc.gov\)](#)

Early/Adult literacy

[Early Literacy • ZERO TO THREE](#)

[Read Together to Support Early Literacy | NAEYC](#)

Positive Parent Interactions

[Positive Parenting Tips | CDC](#)

[Positive Parenting Approaches • ZERO TO THREE](#)

[Communication & Discipline - HealthyChildren.org](#)

Cultural awareness

[Parenting Tips & Advice | PBS KIDS for Parents](#)

[Culture & Language | ECLKC \(hhs.gov\)](#)

Developmental issues

[Communication & Discipline - HealthyChildren.org](#)

[CDC's Developmental Milestones | CDC](#)

[What is "Early Intervention"? | CDC](#)

[Special Education Services for Preschoolers with Disabilities | Center for Parent Information and Resources \(parentcenterhub.org\)](#)

If there are any other topics you would like additional information on please feel free to speak with (add supervisor's name)